

 **Dr. Jaclyn A Klimczak, MD** 
Facial Plastic Surgery

**POSTOPERATIVE CARE OF BLEPHROPLASTY
(EYELID SURGERY)**

Please follow these instructions carefully. Your final result will depend upon how well you care for the treated areas.

- **DO:** Clean the suture skin lines with **hydrogen peroxide** on a Q-tip 4-6 times daily. (Try to avoid getting hydrogen peroxide in your eyes)
- **DO:** Apply ***Tears Renewed, Lacri-lube, or Refresh PM***, ointment to the eyelid skin incisions following cleaning 4-6 times daily
- **DO:** Apply ***Tears Renewed, Lacri-lube, or Refresh PM***, ointment in your eyes if they feel dry or irritated
- **DO:** Apply ***Tobradex***, drops to each eye 4 times a day for **3 days**. After 3 days, switch to ***Refresh Plus*** drops (over the counter), for the next 4 days or until your 1 week postoperative appointment.
- **DO:** immediately report any eye pain or change in your vision to the clinic
- **DO:** wear glasses, if necessary, but be sure they do not push on the incision lines
- **DO:** continue cold compresses over the eyelids for two days (every 30 minutes)
- **DO:** sleep with head elevated 30 to 40 degrees. Use pillows, a wedge cushion or a recliner. Sleep on your back, not on your side or stomach
- **DO:** wash hair following surgery if desired

.....**DO NOT**.....

- **DO NOT:** apply any makeup around the eyes (mascara, eyeliner, or eye shadow) for the first two weeks following surgery
- **DO NOT:** do any exercising, bending over, or heavy lifting for the first 10 days
- **DO NOT:** wear contact lenses for 10 days
- **DO NOT:** pluck eyebrows for two weeks



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- **DO NOT:** apply false lashes for 4 weeks

PLEASE REPORT TO THE CLINIC OR CALL IF YOU ARE EXPERIENCING ANY OF THE FOLLOWING SYMPTOMS:

1. Temperature elevation
2. Sudden swelling or discoloration
3. Excessive Bleeding
4. Discharge from the wound edges or other evidence of infection
5. Development of any drug reaction
6. Severe Pain not responding to pain medications

REMINDER:

1. Most bruising resolves within 10 to 14 days. Swelling may take a number of weeks to completely resolve, but is markedly improved by 7 to 10 days.

Finally, please contact us at should you have any questions at the following number:

Telephone: (561) 939-0900

I certify that I have been given a copy of these instructions

Patient name: _____

Relationship to patient: _____

Patient Signature: _____

Date: _____ **Time:** _____

Witness: _____

Date: _____ **Time:** _____